***RADIO THIS MONTH***

***Darleen Sowa***

***Following is the information for my May show:***

***Guest: Trevor Lewis, Empath, co-author of "Thriving as an Empath: Empowering Your Highly Sensitive Self***

***Title: Are your chaotic emotions really yours?***

***Description: Empaths are highly sensitive people who have the ability to process other people's emotions. In the show Trevor will discuss what to look for if you or someone you love is an empath.  He will explain how to turn these abilities that many people consider to be a liability into an asset and how to thrive as an empath.  Empaths can help to heal the chaotic world that we live in.  Tune in to find out how.***

***Contact info for Trevor:******Trevor@thrivingempathic.com***

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